



WELCOME TO TANZANIA

VISA AS A VOLUNTEER:
\$250 for 3 months

FOLLOWING ARE GUIDELINES FOR YOU AS A VOLUNTEER - COMING TO NEW LIFE OUTREACH - WE ARE HERE TO ASSIST YOU!

NLO will do everything we can for you to feel blessed, good and comfortable, but as an organization we can not take responsibility for your life and your wellbeing. We are very grateful for your interest in coming to NLO as a volunteer, we expect you to take part in our fellowship, serve with us and be a blessing for everyone in NLO.

ACCOMMODATION:

At NLO office compound we have a guesthouse. As a volunteer of NLO you will live here and you will pay for your accommodation.

Guestroom: 1 Room + shared bathroom/kitchen:
Per day - adult: \$10
Per day - child: \$5 (upto 12 years old)

At our guesthouse there is a housekeeper who helps clean the rooms when needed, but we still expect every volunteer to help cleaning own room, to do own dishes and to do own laundry. If any need of assistance to do dishes/laundry, you will need to pay extra per day around \$4. Remember to turn off the lights and be careful of using only the needed amount of water.

INTERNET:

You will have to get internet on your own phone when you arrive. No internet is available at the guesthouse. We will help to assist how to get internet/sim card.

SAFETY:

At our NLO compound we have guards 24/7 and also guard dogs.

TRANSPORTATION:

For transportation around in Arusha you are able to take the mini buses - "DalaDala".

It is possible to hire a taxi-driver. We will help to arrange depending on where to go.

You will learn how to get around by foot and find your way to different ministry locations and grocery shops. It is safe to walk - as long as you act with caution.

We do not recommend to take the local taxi-motorbikes as a transportation, as it is very dangerous and many drivers do not have proper license.

Often you will also be able to drive around with the missionaries of NLO, as they will take you around in the ministry and have you to help in different areas.

RULES:

As a volunteer of NLO you are **NOT** allowed to:

- * Drink alcohol
 - * Smoke
 - * Take drugs
 - * To wear piercings other places than in the ears or in the nose.
 - * Have any relationship between volunteers or between volunteers and our local co-workers.
 - * To take any "strangers" home to the NLO compound or have them to stay over during night.
 - * To go party in town at night or to stay places where people drink. When representing NLO we do NOT allow you to be seen in situations like this.
 - * To walk alone after dark.
 - * To stay out after 10PM at night.
- For you own safety, we recommend you in general to stay home after it gets dark at 7PM. Of course you may go visit people or go for restaurants in the evenings, but this is meant in general!

We expect you to follow the rules.

DRESS CODE:

Women:

- * Shoulders should be covered.
- * Dresses or skirts must cover knees - otherwise wear leggings.
- * Do not show your stomach.

Men:

- * Pants with long legs when at church and under knees when at ministry work.
- * Do not show your naked chest.

ATTITUDE:

We hope and expect as a volunteer of NLO you will have a positive attitude and respect for the culture of Tanzania and the local people.

We see you as a guest to this Nation and that you are willing to learn. You are expected to work under authority along with our co-workers in respect. We expect that you are a part of NLO because you volunteer to help and work, and you are willing to serve in any given task. If you are in a disagreement in above written, we as NLO have the rights to send you home.

PREPARATION:

Vaccinations:

We advice you to ask your doctor for the right vaccinations.

Malaria is very widespread in TZ and you can buy Malaria medicine and bring with you to TZ.

Insurance:

Before arrival you must show valid insurance coverage of your full stay.

Money:

You can withdraw money in ATMs or bring USD or EURO. Do not bring dollar bills older than from 2006.

Packing list:

Passport, vaccination paper (yellow book), travel insurance paper, credit/debit card, flight tickets, powerbank, flashlight, (unlocked) mobile, medicine, sun blocker, cap, backpack, cash for tips for the driver at the airport.

You are most Welcome
KARIBU SANA ;)